



Growing Healthy Kids Columbus Coalition

____ Steering Committee

____ X Full Coalition

Date: April 29, 2014 Time: 10:00 am – 11:30 am

Location: Columbus Public Health
Meeting Room 119C
240 Parsons Ave.
Columbus, Ohio 43215

Facilitators: Cheryl Graffagnino, Columbus Public Health
Jamie Turner, Columbus Public Health

Attendees:

Elaine Tran (CPH-HCHW), Bob Holomuski (CPH-SNT), Michael Bramlish (Nationwide Children's Hospital), Carolyn Bernard (CCS), Cheryl Graffagnino (CPH-HCHW), Phyllis Pirie (OSU-PRC), Stephanie Cedenio (CHA), Shelby Sutphen (CHA), Deandra Bess (CHA), Shalini Madireddy (CPH-Neighborhood Health), Katy Keogh (Kroger), Phil Hargrave (Molina Health Care), Grace Kolliesuah (CPH-C42), Kate Whitman (Mt. Carmel)

Meeting at-a-glance:

- Program Updates
- WFFT/SSB Campaign Update
- Physical Activity Break
- Hour a Day to Play Updates

Meeting Outcomes and Action Steps Identified:

Announcements

Next Steps:

- Next meeting: **May 27, 2014 10:00am -11:30am** at Columbus Public Health, Room 119C.

Agenda Item 1: Program Updates

<i>Partner/Organization</i>	<i>Supporting Breastfeeding</i>	<i>Supporting Physical Activity</i>	<i>Supporting Healthy Eating</i>	<i>Increasing Screening and Referral</i>	<i>Other</i>
Carolyn Bernard (CCS)	-	<ul style="list-style-type: none"> - Nutrition policy for 17 pre-K sites was approved. This policy covers students and staff. - Fresh Foods Here partnership with United Way at West Side CCS schools 		-	-
Phyllis Pirie (OSU-PRC)	-	-		- PRC presented South Side parent survey results to City Department leaders.	-
Katy Keogh(Kroger)	-	-	<ul style="list-style-type: none"> - MyPlate brochure being designed for kids. Open to suggestions for other resources. - Food Tastings kick-off in June with budget friendly, healthy recipes. - Partnering with Local Matters for grocery store tours at 14 “value” stores in June. Participants will get a \$10 gift card when they participate. 	-	-
Shelby Sutphen (CHA)	-	<ul style="list-style-type: none"> - Nutrition resource developed and distributed statewide this month to home care providers - included PA resources too. - 12 new health educators to be trained in sessions this summer. - Parent nutrition education classes. 		<ul style="list-style-type: none"> - PA equipment will be provided at training. - Starting 	-



		-	HCHW training for home providers next week via webinars.	
Michael Bramlish (Nationwide Children's Hospital)	-	- NCH participating in Cap City Half Marathon Kids event. 5 kids from center have been sponsored to walk half marathon.	-	-
Kate Whitman (Mt. Carmel)	-	- Mt. Carmel Community Health Resource Center West is open and hosting many classes/groups such as cooking classes, breastfeeding support groups, etc...Kate wants to remind coalition partners that that space can be utilized.	- Community Health Resource Center is hosting Moms 2 Be.	-
Elaine Tran (CPH-Healthy Places)	-	- Walk with a Doc is every weekend and Mt. Carmel, South Side Healthy Advisory Committee and NCH are helping with recruitment through clinics.	-	-
Cheryl Graffagnino/Jamie Turner(CPH-HCHW)	-	-	- 9 FEP events attended since March and 2 pilots of the Health to Go kits. - FEP Volunteer training will be offered on 5/22/14	-
Phil Hargrave (Molina Healthcare)	-	- Health Fair season is starting and lots of outreach and message promotion being done. - Print resources are available, potential partnership with Kroger suggested	-	-
Bob Holomuski (CPH-	-	- Providing nutrition education at produce markets at the	- Provided free	-



SNT)		<p>Native American Health Center.</p> <ul style="list-style-type: none"> - Partnering with Nationwide to teach chronic disease prevention classes at John Maloney Health Center 	<p>health screenings at Barack Rec Center, SSLDC Native Am. Health Center.</p>	
Shalani Madireddy(CPH-Social Work)	-	<ul style="list-style-type: none"> - Exploring opportunities for nutrition education on the South Side 	-	-



Agenda Item 2: WFFT/SSB Campaign Update – Cheryl Graffagnino

Cheryl Graffagnino and Barb Seckler presented our WFFT/SSB efforts at an SSB Symposium jointly sponsored by NAACHO and Center for Science in the Public Interest.

- The work that Columbus is doing is on par or exceeding what is being done nationally.
- Nationwide Children's elimination of SSBs was shared as a model for how to eliminate SSBs in the work place and in health care.
- UC-San Francisco has utilized Community Commons data and mapped SSB sales based census tract and has overlayed the data with diabetes, ethnicity etc...

Agenda Item 3: An Hour a Day for Play Program Updates/Discussion

An Hour a Day webpage ideas:

- Create an interactive blog which is accessible via a button.
- Include a weekly or monthly Ring of Fun activity as a challenge for Families.
- Adapt a physical activity chart for families to print and use, maybe make it a chart on all of the 12 key messages.
 - Allow for families to “tell the story” of how they met the challenge (similar to the Action for Healthy Kids webpage).
- Incorporate developmentally appropriate milestone for each age group. Adapt the work done in 2004 which included specific PA recommendations for age groups.
- Include pools in the resources links below. Perhaps include information about safety.
- Facebook and Twitter – Coalition members were invited to manage the FB and Twitter pages.

An Hour a Day to Play homework:

- Cheryl and Carolyn will write a newsletter article together to send out to CCS parents to go out to Mt Carmel Church Partnership networks through Kate Whitman.
- Katie Keogh will use the Hour a Day for Play and Water First for Thirst taglines in her upcoming brochures. She will also see if she can have the Kroger Facebook page “like” the GHKC Coalition Facebook page, she will explore whether or not that is possible.
- Molina will incorporate An Hour a Day into their participation at Sherwood School. Phil requested An Hour a Day parent handouts to distribute at the Sherwood event.
- Michael Bramlish will promote An Hour a Day at all of the community events he is going to and he plans to attend the upcoming FEP training on May 22.
- Stephanie Cedano will incorporate An Hour a Day into the outreach she is doing.
- Shelby Sutphen will continue to promote an Hour a Day through the training + toolkit offered to all homecare providers.
- Deandra Bess, CHA HS Student Intern. will incorporate An Hour a Day into parent education.
- Shalini Madireddy will distribute An Hour a Day handouts at the neighborhood health centers, and invited GHKC to be on the Agenda of the South side HAC, Phyllis Pirie will be looped-in to help make the connection to the Parent Survey results previously shared with the HAC.
- Jamie Turner will promote An Hour a Day policies at the CCC Policy Training
- Elaine Tran will explore adding An Hour a Day messages onto electronic message boards in CPH clinic areas.